

Trost Christmas

Materials Needed

For the comfort-Christmas Materials needed:

Music CD with meditation music

Opportunity to play a music CD

2 identical vessels with 4 - 10 liters

Soup Ladle

"Wash incriminating" 2 clean buckets or flower pots with about 10 liters for -
one stocked with warm water

one scoop

some towels

Posters with a Pieta

Wallpaper with tile pattern (Western Wall)

A4 sheets with pencils

yellow cardboard ("mailbox")

Metal bucket for burning letters

Texts of lecturers

It would be nice if 2 assistants were available:

The two selectors are divided into A and B lector:

A lecturer

Right to grief

Intercessions

Right to life

Lecturer B

Psalm 22

Intercessions

Psalm 23

With only one lecturer lecturer A has to read the texts of the two editors.

The editors may read the texts quiet, not hastily.

Below are abbreviated:

L. = a lecturer

V = the head or the head of

Hint

Take this course and these texts as a proposal, not as a rule

Expiry

Song: GL 007, 1 +2 Star Over Bethlehem

Welcome Chief

Song: input and output

You have a right to your funeral Chief, Lecturer A

Psalm22 Chief, Lecturer B

Song: GL 007, 3 +4 Star Over Bethlehem

A Christmas story Chief

Song: GL 006, 1-3 Little Children kommet

Asking the stations Chief, lecturer B

* Letter to God * letter to the deceased

* names of the dead * cry unshed tears

* Pieta * suffering of others

* Wash find incriminating * hold and be held

* Receive * blessing before the manger

* Workshop

20 min CD music

Song: sing GL 004, 1-3 Angels in the fields

Intercessions Chief, Lecturer A & B

Our Father Head

Song: sing GL 004, 4 +5 angels in the fields

Ps 23 chief, Lecturer B

You have a right to live Chief, Lecturer A

Song: GL 005, 1-3 O How Joyfully

Blessing Chief

Organ or music from CD

Burn the letters in front of the chapel Chief

Hinführung

Song

GL 007, 1 +2 Star Over Bethlehem

Welcome

V. Love mourners, I welcome them

- Also in the name of ... - To this comfort-Christmas.

We can not return them Könen their loved one. We want as part of their Christmas mourning give a suitable place.

With the birth of Jesus Christ, God brought light into our world.

The initiative began in 1986 in Austria "Light of Bethlehem."

Here in Advent a candle light is ignited at the birth grotto in Bethlehem, brought to Austria where it is distributed.

Since 1994, the German Scouts participate in this action and bring this light of peace on 3 Advent Sunday in the German cities.

Since Christmas Eve, this light of peace is with us at the manger.

I'll get there by a flame and thus light the Easter candle. It is for us a sign of Jesus Christ, the light of the world.

(Lighting of the Easter candle with the Peace Light from Bethlehem)

V. So we let this consolation-Christmas start in the name of the Father and of the Son and of the Holy Spirit.

A. Amen.

V. comfort, peace and healing of the Incarnate God be with you.

A. Amen.

V. Love mourners

"Merry Christmas", this is the greeting of the day.

But how can we be happy if one grieves for a loved one?

How can one be happy when this man died recently?

How can one be happy when he died at Christmas and now the reminder comes up in full force?

We want to try to give the grief but also Christmas room.

V. mourning for a loved one has a beginning and an end.

The beginning is here on earth. The end will only be in heaven with God. So we sing the song: input and output.

Song:

Input and output

Hinführung

V. mourners often meet people who are mourning them their denied for any reason. Usually it is their helplessness or Self-protection, to avoid having to deal with mourners.

However, you have a right to your grief.

Right to grief

L. You have a right to their grief.

No matter which church or social festival is celebrated

You are entitled to your grief.

No matter how many years of the death of your loved one is back,

You are entitled to your grief.

Irrelevant as you have been to the deceased person,

You are entitled to your grief.

Void how old the deceased was,

You are entitled to your grief.

This right can take you no one,

No one and no power on earth.

Hinführung

V. mourners often have the desire, their hardship and despair, anger and bring their anger to God. Many have a shyness in front of or in the process a guilty conscience. This need not be. - Since ancient times, there is the Action as a form of prayer. We hear an excerpt from Psalm 22 action

Psalm 22

L. My God, my God, why hast thou forsaken me,

're away my cries, the words of my groaning?

My God, I cry by day, but you do not answer;

I cry at night and I find no rest.

From birth I was cast upon thee,

from the mother's womb you have been my God.

Do not be far away, because the trouble is near, and there is no one to help.

My throat is dry like a potsherd;

my tongue sticks to the palate, you lay me in the dust of death.

(Ps 22, 2f, 11f, 16)

Song

GL 007, 3 +4 Star Over Bethlehem

Christmas story

V. We now hear a Christmas story that begins while in biblical terms, but then ends with a free story. It is the story of a man who has made his own experiences with God:

L. In those days a decree from Caesar Augustus that, to write all the world should be registered.

his was the first, when Quirinius was governor of Syria.

s everyone went to his own town to be registered.

nd Joseph also went from the town of Nazareth in Galilee to Judea to the city of David, which is called Bethlehem;

ecause he was of the house and family of David.

He went to be registered with Mary, his betrothed, who was with child.

While they were there, the time came for her to have her child, and she brought forth her firstborn son.

She wrapped him in swaddling clothes and laid him in a manger, because there was no room for them in the inn.

In that region there were shepherds camped in the fields and keeping the night watch over their flock.

The angel of the Lord came upon them, and the glory of the Lord shone around them.

They were terrified, but the angel said to them:

Fear not, I bring you good tidings of great joy, which shall be to all people:

For to you is born in the city of David a Saviour, which is Christ the Lord.

And this shall be a sign:

Ye shall find the babe wrapped in swaddling clothes and lying in a manger.

And suddenly there was with the angel a multitude of the heavenly host praising God and saying,

Glory to God in the highest, and on earth peace, good will toward men.

When the angels went away from them into heaven, the shepherds said to one another:

Let us go over to Bethlehem and see this event which the Lord made known to us. (Luke 2.1 to 15)

Sun broke the shepherds to go to Bethlehem and see what the angel had promised.

Even Benjamin, the little boy went with them.

When they had gone a little way, he said to himself: I will not occur without a gift.

So he turned back quickly, ran to his tent, looking for a suitable gift.

In the bright moonlight, he quickly found a decorated pot, which he wanted to bring as a gift.

Quickly, he wrapped it in a blanket and rushed to the other shepherds.

He had been caught almost as he fell face forward.
A muffled roar hinted him what had happened.
When he opened the blanket, he saw the pitcher shattered.
This he did, however, so do not leave lying around.
So that nobody gets hurt, he quickly grabbed the towel back and rushed to the other shepherds.
He had just caught, when they came to the barn.
They were all so, as the angel had said, Mary, Joseph and the baby in the manger.
Benjamin looked coyly from behind the manger.
He saw the child, and it was his route to meet him as the child's arms.
Uncertain, but attracted feeling, he went forward.
When Benjamin was standing in front of the crib, the child he still stretched out his little arms.
Benjamin had the feeling that it was waiting for his gift, but his pitcher was broken.
Benjamin finally handed the cloth with the potsherds of the child.
The child pressed the cloth itself, closed his eyes briefly and then put the cloth back against Benjamin.
Benjamin did not only. - Should he take back his gift back?
Finally he took the towel and went back again.
When he looked into the cloth, because the pitcher was whole again.

Song

GL 006, 1-3 Little Children kommet

Stations

V. Trauer is experienced individually and very experienced. Comforting is also different and very personal. In all, there are similarities but also differences that mourners need at the moment. For this reason, several stations are available, which you can later go in a free election. You can choose the one that does them well at the moment.

Letter to God

Some bricks are piled up on a small wall. It may instead be a wallpaper with tile pattern to be hung.

L. We people need a place where we can express ourselves, where we can get rid of what moves us internally and charged. For Jews, this place is the Western Wall in Jerusalem.

You can write with the ausliegenden leaves and pencil a letter to God. These plug into the yellow box that acts as a mailbox. We will burn the letters unread after the service, and so God send.

V. Sun let us pray:

Lord, incomprehensible God, we do not understand death.

We received so many inquiries and complaints to you.

Hear it through Christ our Lord.

A. Amen.

Letter to the deceased

Pencil and paper (pens dry a) provide, in addition. A "letter box" (box with slot)

L. glad she had her deceased say anything.

The death has denied them.

Here it is possible to write a letter to their deceased and express to all the things they liked to tell him herself.

Following this service we will send these letters skyward by putting them in front of the church burned unread.

V. Sun let us pray:

The mourners to write down what they would like their deceased himself said.

Make these words to their dead.

We ask this through Christ our Lord.

A. Amen.

Enter the name of the deceased

The mourners can enter the name of the deceased in the documents supporting lists.

L. "I have called you by name, you are mine", it is said in the prophet Isaiah (Isaiah 43:1). God gave us all a name, because we are important to him, each of us, even our dead.

Thus, for the entrance into the church, lists, in which you can enter the names of the deceased.

V. Sun let us pray:

Lord, you have called us all by our names.

Take our deceased to your heavenly glory.

We ask this through Christ our Lord.

A. Amen.

Unshed tears crying

There are two jars and put a ladle ready. One jar is filled with water.

L. tears are the overflow valve of our feelings. Therefore, there are tears of joy, but tears of sadness.

You have cried many tears for their dead, but also suppresses some tears.

Here with every tear a piece of sadness is washed away.

You can cry all the unshed tears representative by draw water from a pot in the other.

V. Sun let us pray:

We can not always cry our tears.

Release the blockages and let the mourners weep their tears.

We ask this through Christ our Lord.

A. Amen.

Pieta

Posters depicting the Pieta hang.

L. was taken as the body of Jesus from the cross, his mother took him into her lap. Where his life began, there ended his life.

Because a man is presented, who knows what it means to grieve for a loved one. Understand this-will always attracts to mourners.

V. Sun let us pray:

Mary knows as Our Lady of Sorrows, which feel mourners.

Give all who mourn intelligent men, who announced just mourn.

We ask this through Christ our Lord.

A. Amen.

Suffering of others

Leaves the fate of other people interpret and prepare.

L. If we take suffering, we often think that we are the only ones who've made it. Which is not so. Few people talk about their suffering. On the bench are made of sheets of famous people who grieve for a child. You can look at it and take individual sheets.

V. Sun let us pray:

Lord, our God, is suffering in the world. It hits us, it hits other.

We get an answer to the "why". Help us to live with it.

For this we pray, Christ our Lord,

A. Amen.

Incriminating Wash

The mourner should get washed off everything heavy and Stressful

L. grief and pain, real and unreal guilt weigh heavily on mourners. This mourners are not only oppressed. Often push these things down the whole person.

God wants to free us from all that oppresses and depresses us. We need it just ask for it and accept his offer.

V. Sun let us pray:

Mr. wash off, that which oppresses and charged mourners.

Make them free from all contamination, which they carry with them.

We ask this through Christ our Lord.

A. Amen.

Find support and be held

The mourner is to be held, and find support

L. who died a loved one feels, is in free fall. Him of the ground beneath his feet was removed. Nothing is certain. Everything bad appears suddenly as possible.

You're looking for a stop and want to be held. This you can do there. They come to this with open arms to me.

V. Sun let us pray:

Lord our God, with all the feeling of abandonment by God you're here.

'll Find mourners stop and give them support in Dir

We ask this through Christ our Lord.

A. Amen.

Blessings received

The mourner is to receive God's blessings

L. Who will know suffering feels himself forsaken by God, and sometimes even punished by God. The sufferer thinks that God had taken from him the blessing. This impression antagonistic, there is the promise of God's blessing. Even Moses and Aaron were in the exodus from Egypt to bless the people of the order. You can receive this promise of God's blessing.

V. Sun let us pray:

Lord our God, put your blessing on all who mourn,
in particular those who want to welcome him here today.

We ask this through Christ our Lord.

A. Amen.

Before the manger

Heal The Broken leave.

L. The death of a loved one often leaves us in breaking anything.

As included in the Christmas story, we invite you to come forward to the crib and all of their lives are whole again Broken leave.

V. Sun let us pray:

With the brokenness of our life, we come to you.

Let us be healing of body, mind and spirit.

We ask this through Christ, our Lord.

A. Amen.

Workshop

Healing are God

L. The death of a loved one brings our lives into disarray.

God wants us all to be healed.

As we bring our car to the garage and the mechanic can fix, so you sit in the pews, listening to the music and let God act in itself.

V. Sun let us pray:

Bring in the mourners in order,
what is advised by the death of loved ones in disarray.

We ask this through Christ, our Lord.

A. Amen.

Invitation to the stations

V. Now you have about 20 minutes to go of your choice to get to the stations that you feel attracted.

The green leaves can help you with the orientation of the stations.

For 15-20 minutes of meditative music CD can be played.

Completion

Song

GL 004, 1-3 angels sing in the fields

Intercessions

V. Jesus, Son of God made man, we celebrate your birthday celebration. You have taught us that death does not have the last word, but life. So we come full of confidence we and our prayers to you.

L. Lord, our God, we mourn those who have died and we know with you. They are: ...

Let them be secure in your love.

A. We beseech thee, hear us.

L. Christmas is the celebration of peace. - Let us find peace in our grief.

A. We beseech thee, hear us.

L. Christmas is a celebration of the joy of your incarnation. - Let us in our sorrow sharing in this joy.

A. We beseech thee, hear us.

L. Christmas is the feast of reconciliation. - Let's find reconciliation with God, with our fellow human beings and ourselves

A. We beseech thee, hear us.

L. Christmas is a celebration of family. - Let's also be connected through death with our deceased with the bond of love.

A. We beseech thee, hear us.

L. Christmas is a celebration of hope. - Give each of us the hope that already in this world waits for the fullness of life to us.

A. We beseech thee, hear us.

L. we wear in a short silence all our personal concerns before God.

A. We beseech thee, hear us.

L. Especially at Christmas we miss our departed. - Lord let them share in the eternal joy in your kingdom.

A. We beseech thee, hear us.

V. Hear our prayers, with which we come to trust you. Hear them, and walk them to bless us. We ask this through Christ our Lord.

A. Amen.

Our Father Prayer

V. I invite them, and hold the right hand side to about shoulder height. With your left hand you support the hand of her neighbors, her neighbor. Take it as an expression of the fact that they are not alone in your grief. Wearing other and are supported by them.

So let us pray together as Jesus has already taught his disciples to pray.

V. Our Father, who art in heaven, ...

Song

GL 004, 4 +5 angels singing in the fields

Hinführung

V. mourners often feel in the deep, dark hole. This also knows the Psalmist when he writes of the dark gorge through which he has to go. But he's not alone. He knows that God accompanies him on this dark path.

Ps 23

L. The Lord is my shepherd, I shall not want.
He makes me lie down in green pastures
He leads me beside the still waters.
He restores my soul;
He guides me in right paths for his name's sake.
Must I walk through the dark valley, I fear no evil;
for thou art with me, thy rod and thy staff they comfort me.
You prepare a table before me in the sight of my foes.
You anoint my head with oil; my cup overflows.
Surely goodness and mercy shall follow me all days of my life,
and in the house of the Lord I will dwell for a long time.

Hinführung

V. mourners have not only a right to grief. They also come in Similarly, a right to life.

Right to life

L. matter was the death of your deceased as tragic or usually,
 You have a right to life!
No matter what people are saying around you,
 You have a right to life!
Insignificant as a few hours have passed since the death of her deceased
 You have a right to life!
Regardless of what people think around you,
 You have the right to life!
No one can deny you that right,
 No man and no force in the world!

Song

GL 005, 1-3 O How Joyfully

V. After the subsequent blessing you are invited to come forward and light a candle from the Easter candle glass. May you remember the light on this consolation-Christmas and you illuminate the darkness of your sorrow.
I will move in these minutes before I with you to burn the letters go outside.
Afterwards you are all still very much invited to exchange ideas over tea and biscuits.

Blessing

V. The prophet Isaiah wrote: "The people who walked in darkness have seen a great light" (Is 9:1). This light is for us by Jesus Christ, who said of himself: "I am the light of the world: he that followeth me shall not walk in darkness, but shall have the light of life." (John 8:12) especially by his resurrection he brought us light in the darkness of death, while we may hope for our resurrection. This is what we celebrate on Easter night, when we celebrated the Easter bonfire lit on Easter candle in the church sing and move, "Lumen Christi" (Christ, the Light).

So we have set up the Easter candle as a symbol of Jesus Christ, the Light of the world. Each of them is invited to the blessing, because to ignite a glass candle with her and take it home. May this light of Bethlehem, where the paschal candle was lit to illuminate the darkness of your sorrow.

And I will ask the blessing of God for you:

Trust Jesus, light of the world, we ask that you complete:

Light up the darkness of the mourners,

their light is on its way through the grieving process,

they open the floodgates of tears where they were previously closed,

should complain to them Wailing Wall, where they have not yet dared to convey to the deceased, the words that were not spoken,

Mourners carry all sympathetic to people who give them support and consolation,

take them from all the guilt and self-blame,

bring the right what has come through this death in disarray

and pick up the dead in your heavenly glory.

To bless the Triune God,

the Father and the Son and the Holy Spirit.

A. Amen.